



Nick Bollettieri DVD SERIES.

Review by Peter Farrell.

Who is the most famous tennis coach in the world? There is a good chance that your answer is....Nick Bollettieri. Since founding his Florida based academy in 1978, Bollettieri has worked with no less than nine world number one ranked players, including legends such as Agassi, Seles, Hingis and Becker. Players so famous no first name is necessary!

Some time ago, Bollettieri set out to record his working methods. These have recently been released for the first time on DVD, as a 10 DVD set from **Human Kinetics**. It is a very comprehensive package. The first six films (*the `Stroke Instruction` set*) focus on technique, while DVDs 7 to 10 (*the `Game Development` series*) are concerned with strategy and tactics.



With Bollettieri detailing his teaching principles, I think it is fair to say that anybody who coaches tennis will pick up valuable information from this resource. There are plenty of ideas, concepts and practices that you will be able to relate to your own students. The technical information is useful material, much of it shown in slow motion, with key parts of the clips repeated several times to ensure clarity.

Nick is not a shy, retiring type of guy, and this is not a shy, retiring set of DVDs! It is very interesting to watch him work on court, with players ranging in age and standard from junior club players to the youthful Tommy Haas and Xavier Malisse.

He comes across as highly committed and motivated with what I could only call 'intense' body language, combined with a unique brand of salesmanship and confidence. Any coach could learn from how Bollettieri presents himself to his students.

If you do not fancy investing in the full series, I particularly recommend

Volume 2: Bolic Backhand
a comprehensive look at technique on the one and two handed shot.

Volume 9: Competitive Club Doubles –
very relevant to the type of 'club doubles' most of us teach.

Volume 10: Practice With Purpose –
focuses on various on-court drills and practices.

To read more, and to see clips from the series, press the **'BUY'** button on our home page.

Cost: 234 euro for the set, but you can buy each DVD separately at a cost averaging 26 euro.

