

BOOK REVIEW: "Doubles Tennis Tactics" by Louis Cayer.

Many Irish coaches know **Louis Cayer**, who for a period in the 1990`s was a Tennis Ireland consultant in the coaches training area. He was then and remains now a very influential figure in world coaching, and is largely seen as the coach responsible for developing and popularizing the `Actions Method` of teaching the game. Lately he has been working for the LTA in Britain, and rumour would have it that he is in the running for the job of coaching Andy Murray.

In cooperation with the ITF, Louis has written "**Doubles Tennis Tactics**", a very useful publication which I would recommend to all coaches. Personally I am very keen on coaches having lots of useful drills at their disposal, and one of the things I like about this book is that it highlights lots of basket feeding and, *perhaps more importantly, live ball practical drills.*

The contents of this book reads like a list of what every coach needs to know about doubles:

Part I. Doubles Foundation

Chapter 1. Doubles Playing Styles

Chapter 2. Poaching Skills

Part II. Serving Team

Chapter 3. Server Patterns and Drills

Chapter 4. Server's Partner Patterns and Drills

Chapter 5. Serving Team Patterns and Drills

Part III. Receiving Team

Chapter 6. Receiver Patterns and Drills

Chapter 7. Receiver's Partner Patterns and Drills

Chapter 8. Receiving Team Patterns and Drills

Part IV. Planning Tactical Patterns

Chapter 9. Selecting Tactical Patterns

Chapter 10. Match Preparation



The book costs £13.99 from **HUMAN KINETICS**, *but don't forget* - TICA members receive a 15% discount on all Human Kinetics products. Call the order hotline on **00 44 113 255 5665**. Alternatively, you can order online at www.humankinetics.com. Simply enter the promotion code at the very top of the shopping cart page.

Also available is a companion resource DVD in which Cayer illustrates on court the drills, exercises and patterns he believes will allow doubles teams to maximise success.

