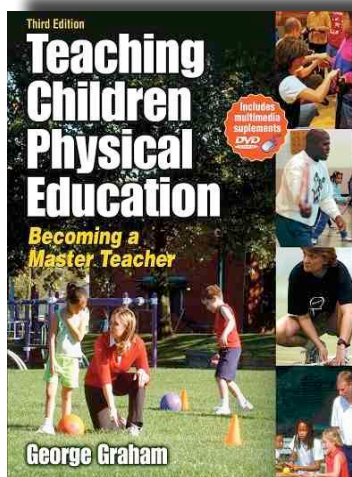


‘Teaching Children Physical Education’



This is a book about the various facets of becoming an excellent teacher of physical education. There are many direct analogies between being an effective PE teacher and being an effective tennis coach. That is why I recommend ‘**Teaching Children Physical Education**’ as our Book of the Month for February, especially to coaches who are concerned about organizing each step of each lesson in a way which has been tried, tested and proven.

The book is written in a very easy to read fashion, with the emphasis always on real situations, and

how to apply best theory to an actual class situation. If you work a lot with primary school aged children, this book will give you insights into how to teach them in the most effective manner.

‘**Teaching Children Physical Education**’ comes with a 40 minute DVD, which shows PE classes in action, and how different teachers cope with the process of keeping a group of young children challenged and motivated while in a safe, positive and fun environment. What is ‘*Set Induction*’? What does ‘*Scaffolding*’ mean? What about ‘*Intra Task Variation*’? The DVD allows these and other teaching principles to be not only explained, but demonstrated in action.

As you might expect, children don't want to listen to long explanations. They want to be active. This fact is compounded by children's focus on the present (i.e. they rarely see the long-term benefits of practicing a skill). It's hard for them to make the connection between practice today and proficiency several years from now. They want to play not practice.....

The author, **George Graham (PhD)**, has been on the faculty at Pennsylvania State University in the department of kinesiology since 2002. He has published extensively on teacher effectiveness and physical education for children. Graham has delivered presentations at more than 100 conferences throughout the world, including over 60 keynote speeches. He has served as a consultant to more than 70 school districts, [the United States Tennis Association](#), and the Professional Golf Association.

Contents

- Chapter 1. Successful Teaching
- Chapter 2. Planning to Maximize Learning
- Chapter 3. Creating a Positive Learning Environment
- Chapter 4. Minimizing Off-Task Behavior and Discipline Problems
- Chapter 5. Getting the Lesson Started
- Chapter 6. Instructing and Demonstrating
- Chapter 7. Motivating Children to Practice
- Chapter 8. Observing and Analyzing
- Chapter 9. Developing the Content
- Chapter 10. Providing Feedback
- Chapter 11. Building Critical-Thinking Skills
- Chapter 12. Building Positive Feelings
- Chapter 13. Assessing and Reporting Children's Progress
- Chapter 14. Continuing to Develop as a Teacher

TO ORDER:

Don't forget! TICA members receive a 15% discount on all Human Kinetics products. Please quote promotion code when you call the order hotline on +44 (0) 113 255 5665. Alternatively, you can order online at www.humankinetics.com. Simply enter the promotion code at the very top of the shopping cart page.