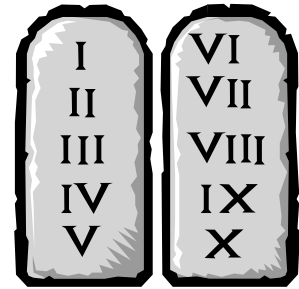




**THE TEN COMMANDMENTS FOR TENNIS
PARENTS!**



ONE .

You shall watch your child's match from wherever she feels most comfortable having you – near the court, from the Clubhouse, or ten miles away.

TWO .

You shall not speak or signal to your child during the match. Quite simply, it is against the rules.

THREE .

You shall remain calm during play, whether `your side` is 5-0 up, or 0-5 down.

FOUR .

You shall not rush to your son at the end of a match to give him your in-depth analysis. Win or lose, most players need time to themselves after competing.

FIVE .

You shall judge a match based on your child's performance, effort and sportsmanship – not on whether she won or lost.

SIX .

You shall not make your child practice when he really does not want to – unless your aim is to turn him off tennis...

SEVEN .

You shall encourage your daughter to be as independent as possible in organising her tennis schedule. Success at tennis requires independent thought and action.

EIGHT .

You shall not go to *every* practice session, lesson or match. He needs to get used to playing without you around.

NINE .

You shall allow your child and his coach to decide what to do during lessons. Your influence in this specialist area should be minimal.

TEN :

You shall be a loved, respected and welcomed tennis parent, should you obey the first nine commandments!