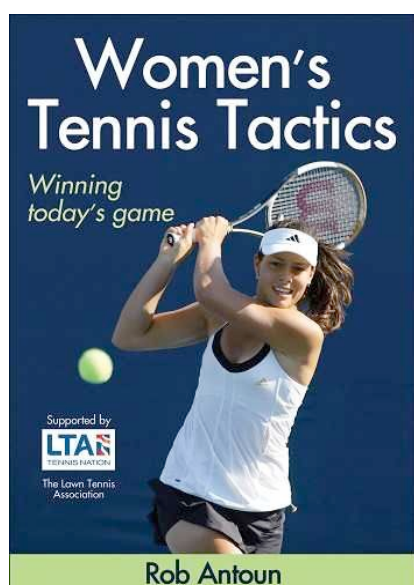


‘WOMEN’S TENNIS TACTICS’ by ROB ANTOUN.

‘*Women’s Tennis Tactics*’ is a new book published by **HUMAN KINETICS**. As far as I am aware, it is the first time tactics related specifically to the women’s game have been examined in great depth. It makes a lot of sense to do this, since we all know that *“there are significant differences between the two sexes in the way the game is played today, and the specific requirements for female tennis players now need to be studied in their own right”*



The book takes each of the five playing situations (serving, receiving, baseline play, net play, opposing the net player) in turn and examines how to make our female students highly effective in each one. Returning to one of my favourite subjects, there are plenty of practical drills and exercises included – 69 to be

precise!

In many ways it is a groundbreaking book, one I enjoyed and highly recommend to all coaches who have an interest in working with female players.

The book costs £13.99 from **HUMAN KINETICS**, *but don't forget* - TICA members receive a 15% discount on all Human Kinetics products.

You can order online at www.humankinetics.com. Simply enter the promotion code at the very top of the shopping cart page.

